



SWIMMING CLUB KRANJ PRESENTS



SLOVENIA

National Open Swimming Championship 2019



**AUGUST
1st - 4th
2019**

FINA "A" and "B"
Swimming Qualifying Standard Times for
Olympic Games 2020 – Tokyo / Japan



PLAVALNA ZVEZA SLOVENIJE



**PLAVALNI KLUB
KRANJ**

Slovenia National Open Swimming Championship 2019

INFORMATION

BULLETIN

**In-door Olympic pool Kranj,
SLOVENIA**

1. - 4. August 2019

CONTACT DETAILS OF THE ORGANISING COMMITTEE

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KRANJ

Welcome to Kranj, the centre of sports competitions

Here is some useful information for competitors at sporting events and their fans who visit us here. We prepared some ideas on how to spend your free time exploring the historic town.

- κ **Transport:** How to get to and find your way around Kranj? You can find all the necessary information at [this link](#).
- κ **Accommodation:** Book your room [here](#).
- κ **Food:** [Taste](#) the local delicacies!
- κ **Tourist information:** Visit the [Kranjska Hiša](#) on Glavni Square in the middle of the historic town centre.
- κ **Guided tours:** [Join us](#) on our walks from one sight of Kranj to another or check the trips and other tours of the surroundings.
- κ **Brochures:** [Check out](#) and download our tourist brochures.
- κ Kranj is the home of [nature and sports!](#)
- κ Contact us:
 - e-mail: info@visitkranj.si
 - Web: visitkranj.com
 - Facebook: [visitkranj](#)
 - Instagam: [@vistikranj](#)



INFORMATION FOR PARTICIPANTS

VENUE DETAILS

Venue: In-door Olympic pool Kranj, Partizanska cesta 39, 4000 Kranj, Slovenija

Technical data: Swimming pool 50m, 10 lanes, depth 2.2m, temperature 26.5°C

Timing: "Omega Electronic" PZS Timing

CONDITIONS FOR PARTICIPATION

Age categories:

CAT.	Male	Female
A	OPEN	OPEN
B	2001 - 2002	2002 - 2003
C	2003 - 2004	2004 - 2005

Programme of Events:

<u>Date:</u>	Heats Warm Up:	Heats Start:	Finals Warm Up:	Finals Starts:
Wednesday 31th July	Open Training 18:00 - 20:00			
Thursday 1th August	Opening ceremony 16:50 - 17:00			
Thursday 1th August	08:00 - 09:00	09:00	16:00 - 16:50	17:00
Friday 2nd August	08:00 - 09:00	09:00	16.00 - 17:00	17:00
Saturday 3th August	08:00 - 09:00	09:00	16.00 - 17:00	17:00
Sunday 4th August	08:00 - 09:00	09:00	16.00 - 17:00	17:00

Competition regulations:

The competition shall be held under **Slovenian Swimming Federation Rules and FINA regulations**. These rules apply to all those taking part in the competition. For conditions not covered by FINA Rules the requirements of Slovenian Swimming Federation shall apply.

Competition system:

HEATS SESSION

Preliminary heats of the individual events will be formed based on the Rule of Absolute heats according to top seeded individual entries.

Event 1500m Freestyle and 800m Freestyle will be conducted based PZS Rules and Regulations, meaning that only the fastest seeded heats (fastest individual entries) will be swum in the afternoon session. Other heat will be swum during preliminary sessions.

AFTERNOON FINALS

A Open finals (category A: year of birth: 2000 and older (m), 2001 and older (w), category B and category C)

B finals (category B: year of birth: 01/02 (m), 02/03 (w) and category C)

C finals (category C: year of birth 03/04 (m), 04/05 (w))

In C finals, swim eight best swimmers (category C) from the heats. In A and B finals the swimmers compete together depending on time score, regardless the age group. The exception are disciplines 800 m Freestyle, 1500 m Freestyle and 400 Individual Medley, where all the swimmers will be divided into groups depending on their entry time, the last- best group will perform in the afternoon finals.

Obligation of clubs:

Swimmers compete on their own responsibility. Clubs are responsible for insurance and personal security for their competitors.



Competition programme
Swimming schedule

Date	Session	Start Time	Event	Category
Day 1 Thursday 1th August	Morning	09:00	400m Freestyle Heats	A/B/C
			100m Breaststroke Heats	A/B/C
			50m Backstroke Heats	A/B/C
			200m Butterfly Heats	A/B/C
			4x100m Freestyle Relay Final	B/C
			Awarding Medal to Relays	
	Afternoon	17:00	400m Freestyle Final	A/B/C
			100m Breaststroke Final	A/B/C
			Awarding Medal 400m Freestyle	
			50m Backstroke Final	A/B/C
			Awarding Medal 100m Breaststroke	
			200m Butterfly Final	A/B/C
			Awarding Medal 50m Backstroke	
			4x100m Freestyle Relay Final	A
Awarding Medal 200m Butterfly				
Awarding Medal to Relays				

Date	Session	Start Time	Event	Category
Day 2 Friday 2nd August	Morning	09:00	200m Backstroke Heats	A/B/C
			100m Freestyle Heats	A/B/C
			200m Individual Medley Heats	A/B/C
			50m Breaststroke Heats	A/B/C
			4x100m MIX Medley Relay Final	B/C
			800m Freestyle Final	A/B/C
			Awarding Medal to Relays	
	Afternoon	17:00	800m Freestyle Final	A
			200m Backstroke Final	A/B/C
			Awarding Medal 800m Freestyle	
			100m Freestyle Final	A/B/C
			Awarding Medal 200m Backstroke	
			200m Individual Medley Final	A/B/C
			Awarding Medal 100m Freestyle	
50m Breaststroke Final	A/B/C			
Awarding Medal 200m Individual Medley				
4x100m MIX Medley Relay Final	A			
Awarding Medal 200m Individual Medley				
Awarding Medal to Relays				

Date	Session	Start Time	Event	Category
Day 3 Saturday 3th August	Morning	09:00	200m Freestyle Heats	A/B/C
			100m Backstroke Heats	A/B/C
			400m Individual Medley Heats	A/B/C
			50m Butterfly Heats	A/B/C
			4x200m Freestyle Relay Final	B/C
			Awarding Medal to Relays	
	Afternoon	17:00	200m Freestyle Final	A
			100m Backstroke Final	A/B/C
			Awarding Medal 200m Freestyle	
			400m Individual Medley Final	A/B/C
			Awarding Medal 100m Backstroke	
			50m Butterfly Final	A/B/C
			Awarding Medal 400m Individual Medley	
			4x100m Freestyle Relay Final	A
			Awarding Medal 50m Butterfly	
Awarding Medal to Relays				

Date	Session	Start Time	Event	Category
Day 4 Sunday 4th August	Morning	09:00	100m Butterfly Heats	A/B/C
			200m Breaststroke Heats	A/B/C
			50m Freestyle Heats	A/B/C
			50m Butterfly Heats	A/B/C
			4x100m Medley Relay Final	B/C
			1500m Freestyle Final	A/B/C
			Awarding Medal to Relays	
	Afternoon	17:00	1500m Freestyle Final	A
			100m Butterfly Final	A/B/C
			Awarding Medal 1500m Freestyle	
			200m Breaststroke Final	A/B/C
			Awarding Medal 100m Butterfly	
			50m Freestyle Final	A/B/C
			Awarding Medal 200m Breaststroke	
			4x100m Medley Relay Final	A
Awarding Medal 50m Freestyle				
Awarding Medal to Relays				

Schedule

The Slovenia National Open Swimming Championship 2019 will take place in the Indoor Olympic pool Kranj, Partizanska cesta 39, 4000 Kranj, Slovenija from August 1st to August 4th 2019. Course length is 50 meter (long course). For further event information and event schedule check the website <http://www.pk-kranj.si>

Entries and Cancellations

Entry deadline is Friday, 26th July 2019, 23:59 hrs.

Cancellations Until 28th July 2019, 23:59 hrs.

Upon entering you will receive a confirmation twice:

An confirmation that your e-mail was received

A personal message confirming your entry was processed. Only after receiving this second message your entries are accepted.

You can send your entries via e-mail, please mention Entry Slovenia National Open Swimming Championship + your team name in the subject line.

You need to send the SPLASH / Lenex data file, and the list of participants as a PDF file. All files can be sent to pk.kranj@gmail.com or gorazd@plavalna-zveza.si

Entry Fee

5 EUR per individual start

The entry fees can be paid only at the administration office before the beginning of the competition.

Eligibility

Entry times can be achieved between 1st January 2018 and 26th July 2019 in official competitions under FINA regulations. It is mandatory that entry times can be verified.

Standard times

The qualifying standards for the event need to be met in order to participate.

Prizes:

The best three competitors in the afternoon category of A, B and C in each event shall be awarded with medals.

Information:

Meet-schedule and more details: www.pk-kranj.si

All other informations, please write to pk.kranj@gmail.com

QUALIFYING STANDARDS TIMES

Category C (Male)	DISCIPLINE	Category C (Female)
0:30,15	50m Freestyle	0:32,10
1:04,95	100m Freestyle	1:09,29
2:21,83	200m Freestyle	2:32,13
5:00,25	400m Freestyle	5:20,56
10:33,02	800m Freestyle	10:59,68
20:07,65	1500m Freestyle	20:53,88
0:37,69	50m Breaststroke	0:40,28
1:22,33	100m Breaststroke	1:28,02
2:54,08	200m Breaststroke	3:07,64
0:32,10	50m Butterfly	0:34,33
1:11,68	100m Butterfly	1:16,27
2:37,15	200m Butterfly	2:46,33
0:33,32	50m Backstroke	0:36,53
1:11,65	100m Backstroke	1:18,34
2:36,42	200m Backstroke	2:46,62
2:37,92	200m Individual Medley	2:51,53
5:43,59	400m Individual Medley	6:04,85

Category B (Male)	DISCIPLINE	Category B (Female)
0:28,50	50m Freestyle	0:31,31
1:01,52	100m Freestyle	1:07,35
2:15,61	200m Freestyle	2:26,23
4:48,09	400m Freestyle	5:09,90
10:02,35	800m Freestyle	10:34,17
19:09,15	1500m Freestyle	20:09,14
0:36,08	50m Breaststroke	0:38,40
1:17,87	100m Breaststroke	1:24,28
2:46,06	200m Breaststroke	3:01,25
0:30,37	50m Butterfly	0:33,17
1:06,81	100m Butterfly	1:13,29
2:29,53	200m Butterfly	2:40,40
0:32,03	50m Backstroke	0:35,29
1:08,39	100m Backstroke	1:15,42
2:29,36	200m Backstroke	2:40,99
2:31,04	200m Individual Medley	2:45,37
5:26,96	400m Individual Medley	5:51,81

Category A (Male)	DISCIPLINE	Category A (Female)
0:26,89	50m Freestyle	0:30,26
0:58,84	100m Freestyle	1:05,57
2:09,31	200m Freestyle	2:22,45
4:34,90	400m Freestyle	5:00,46
9:32,08	800m Freestyle	10:14,67
18:11,40	1500m Freestyle	19:42,33
0:33,46	50m Breaststroke	0:37,75
1:13,31	100m Breaststroke	1:22,36
2:38,55	200m Breaststroke	2:57,24
0:28,59	50m Butterfly	0:32,00
1:03,20	100m Butterfly	1:10,89
2:22,02	200m Butterfly	2:36,84
0:30,00	50m Backstroke	0:34,27
1:05,47	100m Backstroke	1:13,57
2:23,77	200m Backstroke	2:37,52
2:25,09	200m Individual Medley	2:41,37
5:10,52	400m Individual Medley	5:42,36

